

FOREWORD

Nina Van Gorkom's short article of six pages touches on the very heart of Buddhist doctrine. The understanding of realities is not self (Anatta, in the Pali language of Buddhism).

It serves to give the newcomer a glimpse of the theory, hopefully to stimulate further study.

For details on the range of material available from the Dhamma Study and Propagation Foundation, please contact.

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(Front cover design by Lisa Henley)